

Our 2026-27 Themes!

Here are the themes from Soul Matters curriculum, each paired with a couple of theme-inspired questions to get us excited about the journey ahead...

September: **Beginnings**

- What beginning has been quietly forming and waiting inside you?
- What does it take to begin again?

October: **Courage**

- Where do you need to be braver?
- Where do we find the courage to fight for what we believe?

November: **Healing**

- How do we heal together?
- How do we heal the past?

December: **Awe**

- Have you noticed the gift of it all?
- Have you noticed the miracle that is you?

January: **Thresholds**

- What might we be on the cusp of?
- What do you do after the door closes?

February: **Commitment**

- What is asking for your commitment?
- Which of your commitments are being done out of obligation rather than out of love?

March: **Balance**

- How do we keep our balance in a world that yanks us all around?
- How do we become better at balancing our desires to save and savor the world?

April: **Emergence**

- What is trying to be born and needs your help?

May: **Play**

- What if it's all a game?

June: **Horizons**

- How do we help each other trust that there is still more of the story to tell?